

Mizan: Notice of Privacy Practices

Notice of Privacy Practices

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Effective Date: Aug 15th, 2026

Your Rights

You have the right to:

- Access and obtain a copy of your health records.
- Request corrections to your health information.
- Receive a list of disclosures made of your PHI.
- Request confidential communication methods.
- Restrict certain uses and disclosures of your PHI.

Our Responsibilities

We are required by law to:

- Maintain the privacy of your PHI.
- Provide you with this notice explaining our legal duties and privacy practices.
- Follow the terms of this notice.
- Notify you in case of a breach of unsecured PHI.

How We May Use & Disclose Your Information

We may use and disclose your PHI for:

- Treatment: Sharing information with healthcare providers involved in your care (after Release of Information has been secured)
- Consultation: Sharing de-identified information with clinical supervisor, clinical director and colleagues in a professional setting during clinical consultations
- Operations: Quality improvement, training, and administrative purposes.
- Legal Requirements: Reporting abuse, neglect, or threats of harm.
- Public Health & Safety: Responding to subpoenas.

Confidentiality Exceptions in Texas

Texas law requires disclosure in certain situations, including:

- Mandatory Reporting: Abuse, neglect, or exploitation of children, elderly, or disabled individuals.
- Threats of Harm: If a client poses a danger to themselves or others.
- Court Orders: When required by law or legal proceedings.

Changes to This Notice

We reserve the right to update this notice at any time. The revised version will be available upon request and posted in our office and website.

Contact Information

If you have questions or concerns about this notice, please contact:

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